#### 服務概要

華人策劃協會的社區健康部為美國亞裔及太平洋島民(AAPI)提供多種健康服務。為了豐富社區成員的生活,我們提供各種健康計劃和服務來教育、激勵和增強健康成效。我們針對AAPI、低收入及移民社群做宣傳、預防教育、課程開發及社區宣導。



欲知更多訊息,請聯絡:

#### 華策會社區健康服務部

辦公地點: 曼哈頓愛烈治街165號地下室, 紐約, 紐約10002

電話: (646)-613-8420 傳真: (646)-226-5351 電郵: chs@cpc-nyc.org 網站: www.cpc-nyc.org

辦公時間: 周一至周五,上午9時至下午5時;可預約時間

社群平台: @cpcchs

(insert QR code here)

#### 服務內容

#### 愛滋服務

我們為在紐約市資源有限的亞裔人口提供多種服務,目標是讓大眾不再對愛滋議題敏感、賦予社區成員防止愛滋疫情擴散的知識及確保愛滋患者得到優質的服務。

- 為愛滋患者及其親友提供諮詢
- 爭取應得福利
- 危機干預
- 服務協調轉介
- 就醫陪同及翻譯服務

#### PREP: 青少年健康系列活動

Community Health

透過青少年健康系列活動(PREP),社區健康部致力教育 AAPI 青少年,賦予他們能力與知識、增強他們自主自信。這系列高成效的青少年健康教育和愛滋預防課程使用紐約州衛生局的循證課程,從多種行為著手以實現積極的健康心態。PREP亦包含金融知識、健康關係、健康生活技能以及推廣宣導工作坊。

- 針對14-19歲青少年設計的綜合性健康教育
- · 透過實施有效的循證方案模型,對青少年進行更安全的性行為和避孕教育。

- · 提供安全的空間來討論與學習人際關係、表達 意願和其他行為。
- 迎接成年準備課題

#### 教育/預防服務

- 教育講座
- 傳播最新資料
- 展覽會及其他社區活動
- 性病及愛滋病檢驗
- 其他服務轉介

#### 其他健康企劃

為了提高大眾對社區成員面臨的健康問題及挑戰的認識,社區健康部教育、動員及鼓勵AAPI族群做出有益健康的決定。

- 電子煙和煙草
- 含糖飲品對健康的影響

我們的服務人員均具雙語及中外文化知識,可給社區人士提供適合其個人文化背景及語言能力的多元服務。

#### 所有服務皆保密及免費

#### 語言

廣東話、國語、及英語

### Manhattan Community Center 曼哈頓社區服務中心

# Community Health Services 社區健康服務部







## **Community Health Services**

#### **About Our Program**

#### Community Health Services (CHS) of

Chinese-American Planning Council, Inc. (CPC) is a comprehensive resource for Asian American and Pacific Islander (AAPI) communities which focuses on enriching community members' lives through health programs and services that educate, inspire, and empower healthy outcomes. CHS targets AAPI, low-income, and immigrant communities through outreach, prevention education, program development, advocacy, and community networking.

#### **Services**

#### **HIV/AIDS Program**

The HIV/AIDS Program offers multiple services that are accessible to Asian Americans with limited resources and barrier to care in New York City. The goal of the program is to de-sensitize the public on the issue of the HIV/AIDS epidemic, to empower community members with the knowledge to prevent its spread and ensure the provision of quality services for people living with AIDS.

- Counseling for HIV/AIDS individuals and affected family, significant others, and friends
- Assist with benefits and advocate for community members
- · Crisis intervention
- Arrange service coordination and referral
- · Provide escort and translation services



## Personal Responsibility Education Program (PREP)

CHS is dedicated to educating and empowering AAPI youth through the Personal Responsibility Education Program (PREP). This highly effective youth health education and HIV prevention program uses an evidence-based curriculum from the NYS Department of Health that affects multiple behaviors to achieve positive health impacts. PREP also runs workshops on financial literacy, healthy relationships, healthy life skills, and advocacy.

- Comprehensive sexual health program for high school youth ages 14-19.
- Youth education on both safer sex practices and contraception
- Safe space to discuss and learn about relationships, consent, and other behaviors.
- From youth to adulthood topics Education/Prevention Services
- Educational workshops/presentations
- Dissemination of updated health information
- · Organize community events
- · HIV & STD test site and other site referrals

#### **Other Health Initiatives**

CHS raises awareness of health issues and challenges faced by community members by motivating and empowering the AAPI communities through education and mobilization and encouraging AAPI, immigrants, and low-income communities to make healthy decisions.

- E-cigarette and tobacco awareness
- · Health impacts of sugary drinks

#### **CHS Components**

CHS is a team of bilingual and bicultural professionals who are committed to providing culturally and linguistically sensitive services.

#### ALL SERVICES ARE CONFIDENTIAL AND FREE

#### Languages

Cantonese, Mandarin, and English

For more information, please contact:

# **Community Health Services Chinese-American Planning Council, Inc.**

Address: 165 Eldridge Street, New York, NY 10002

Tel: (646)-613-8420
Fax: (646)-226-5351
E-mail: chs@cpc-nyc.org
Website: www.cpc-nyc.org

Office Hours: Monday to Friday, 9:00 AM to 5:00 PM;

Appointments available

Follow us on Instagram: Follow us on Facebook: @CPCCHS

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